

OB/GYN Women's Health Center

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Instructions for Induction of Labor

We have discussed with you that an induction of labor is appropriate for your pregnancy. Induction of labor is generally conducted over several days, although some patients may deliver in one day. Some patients will need PROSTAGLANDIN INDUCTION while others may need PITOCIN INDUCTION or BOTH.

PROSTAGLANDIN and PITOCIN Induction:

Prostaglandin is inserted vaginally (using a tampon-like receptacle) It softens and prepares your cervix for Pitocin.

Pitocin is medicine given intravenously.

This is generally started @ 7 pm.

1. It is often given in the evening in the delivery room.

Once either medicine started, you will stay overnight at the hospital.

2. The doctor who schedules your induction will tell you what time to present to the hospital. You may eat a light dinner. Call the delivery room at 5 p.m. @ 740-383-8787. Identify yourself and you will be instructed as to when to present to the delivery room that evening

Remember, inductions may take one day or more than one day. Once an induction starts, you may need to stay in the hospital for several days before delivery. We want you to be aware of this in terms of planning for support persons to be available for you.

If you have additional questions, we would be happy to discuss them with you.